

# CLINICAL And EXPERIMENTAL HOMEOPATHY

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## Case report of Juvenile Myoclonic Epilepsy coped with Homoeopathy; focus during Parturition

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**Key words:** Case report, High - risk Pregnancy, Juvenile Myoclonic Epileptic seizures, Homoeopathic management

**Background:** A Girl who relied on Homoeopathy for treating her JME Seizures hailed through her Primigravidapassé and Parturition with the support of Homoeopathy. It reveals the Scope of Homoeopathy in emergencies alongside Modern Medicine; as a prime backer and trouble shooter.

Case summary:

### Chief complaint:

Incontinence of Urine during sleep atmid-night since 2 years,  
Change in Voice which has turned to husky voice since 2 years,  
MyoclonicJerks of limbs along with twitching since 1-2 months.

Interventions: Took Homoeopathic treatment for Jerks but aware of fact that she is having seizures; her family not willing to put her on Anti Epileptic Drugs(AED).

Outcome: Her complaints reduced and few symptoms disappeared, completed her studies as expected with Distinction. Her crucial Pregnancy period which is usually eventful especially in PrimiGravidarum was uneventful at large and recovery quick comparatively.

Conclusion: This case demonstrates and reaffirms that Homoeopathy is at par in dealing with Neurological Problems as well as Pregnancy and Parturition related complications, if tapped this resource could prevent many eventualities in Health care.

**Introduction:** According to a study performed during years 2009--2011 inAlzahra and Beheshti hospitals affiliated to Isfahan University of Medical Sciences; which concluded that Antiepileptic drugs could have some unsuitable effects on pregnancy course especially by increasing the rate of abortion, preterm labour and vaginal bleeding. Their adverse effects on neonates' health could not be neglected.Greater part of pregnancies takes place without important complications, but some obstetric problems have been found to be more common during this period. Also because of some effects of pregnancy and labour on seizure control and metabolism of AEDs, the risk of attacks is 10-fold higher during labour and delivery so

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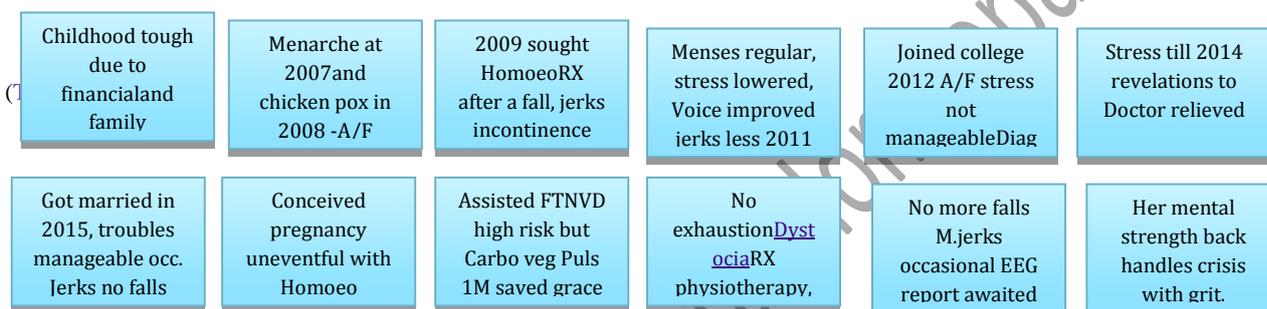
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consulting about pregnancy and management of delivery is essential. (Citation) [The course and outcome of pregnancy and neonatal situation in epileptic women.pdf](#)

Life Space\ Time Line: (Figure 1)



History of Presenting Complaints (Table No.1)

LOCATION	SENSATION	MODALITY	CONCAMITANTS
Larynx/Throat	Unable to use voice continuously, husky; loss of tone, pitch and Timbre	<Cold water, drinking on <Cold weather <along with URT infection cough <Spicy food which she desires	Continuous sneezing 7-8 times early morning, Cannot raise phlegm Feverishness
Urogenital System	Incontinence of urine at	< midnight during sleep, <Menstrual nexus < Cold weather	
	Amenorrhea for about 8 months	A/F Chicken pox , after	Pain in back of knee joints- hollow of the knee, Pain in both hands
	Irregular menstruation		Pain Abdomen on first day, Nausea, tremors n Myoclonic jerks.
Nervous system	Jerks and fine tremors, spills coffee	<<Sleeplessness, <<Cold weather, <<Emotions, <<waking up early	Falls down on right side with brief loss of consciousness with immediate recovery of consciousness Anger 3+, Intolerance of contradiction ;at the least,
	Stutter	< Anxiety, < emotions, intense	Forgetfulness, goes blank on mental plain, feels empty headed, dizzy

**History of Chief Complaints:** Attained Menarche at the age of 14 years in 2007, after six months her menses became irregular as well as tone and timbre of her voice was lost. Soon after an attack of chicken pox in 2008 her menstruation was absent for almost 8 months along with incontinence of urine during sleep.

**Interventions:** She fell down in March 2009 and felt as if *she has run a marathon* which prompted her to seek Homoeopathic medical intervention.

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Started treatment on 16<sup>th</sup> of April 2009 and till date takes medicines for any of her trouble. Case tracking with all dates of consultation and follows Ups is unnecessary and tedious. So, relevant highlights of case are summarized in [Table No. 2](#).

DATE D/M/Y	SYMPTOMS	AGGRAVATION	AMELIORATION	NEW SYMPTOMS	REMEDY	REASON	REMARKS
16/4/2009	Incontinence of urine	Mid night, cold weather			Pulsatilla 6C	Chronic case, to begin with	Assessing susceptibility
16/6/2009	Menses not yet appeared, cold; sneeze	< cold weather		Pain in arms and hollow of knee joints	Sil 12x and Silicea 200 in a week's gap	Allergy	
1/9/2009	Tension dizziness, fell down onto floor in the morning, one hand moves on its own	< emotions, < family circumstances < anger		Pain in legs and soles	Ignitia 6C Od for 3 nights F/B NM 30 single dose	Shouts and trembles due to anger	Menses regular but painful
11/1/2010	Tremors, legs give way	< waking in morning, upon	> rest, good sleep	Small red circular eruptions on face and chest, no itching	Cuprum met F/B Calc Carb 6C	Jerks, weakness of limbs, Seizures with aura in legs	Fall reduced but fine tremors of hand and tongue quivers, body jerks
23/1/2010	statuesque			Throat pain, headache with heaviness	Belladonna 6C	Electric shock like pains. > from tight bandaging	NS
5/5/2010	Statuesque				Astresia Rubens 30C	Petit mal seizures, red eruptions	
20/10/2010	Statuesque	< sleepless, after	> hard work tiredness	Feels smothered	Zincum Met 6C	Twitching's and A/F sleeplessness	Aggravation on and off with just symptomatic relief.
1/3/2011	Tremors 6-8 times, fell down	< sleepless till 3am	➤ Sleeping till 8.30 am to 9:30 am	Dazed feel not able to receive commands	Opium 6C	Attacks very clustered on a single day	Menstrual and other troubles relieved
13/12/2011	shaking, gastritis menses delayed tremors reduced	Warm room, Air conditioning, coldness	➤ Washing hands and legs with water	Incessant cough at night on lying down	Pulsatilla 1M, Stann met 6C	Cough convulsive type not relieved. delayed menses	Stann met for 3 days F/B Puls

After Stann met 6C, 30C and increasing potencies she has been on and off treated with it along with phase remedies like Pulsatilla and Carbo veg. She consults me when trouble arises no changes done in her medication schedule.

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**Mental Make-up** :Girl from a middle class traditional family with high values and ritualistic set up. Her father surrenders to Alcohol when things go beyond his control. Her mother though caring and traditional in outset expects too much of perfection in her family, people around her and wants her due from In-laws of all difficulties she has gone through. Daughters are caught in that conflict. She is a bold girl, go getter and topper in studies as well as debates and extracurricular in school. That is reason for pursuing CA after her schooling.

She lamented once, "I don't know where my actual nature has vanished I am anxious and unable to communicate properly. I forget very quickly and I stutter when I have overwhelming weakness". She has good know how of current trends and told me she will give birth to a boy after searching information on the Internet in her third month of pregnancy. She has learnt everything a lay person could know about her condition as well as risks involved during Pregnancy. She went along with her father to the very same Neurologist to get a prescription so that it would not be an issue during delivery albeit continuing Homoeopathy.

**Physical Make up** Frail with small frame and tall girl, head held high, with reddish small pimples on face, but beautiful yet dresses in very conventional attire. She has mild manners but has an air.

Her treatment went on from 2009 till 2011 with some improvements and maintaining agreeable health. She got out of her school with flying colours and sought CA foundation as well as joined B.Com in 2011. She pulled through her college though it needed long distance travel to reach her college; CA foundation needed early morning waking up which is the toughest part for her. She has to sleep till 9 am or sometimes till 10.30am for avoiding falls. She completed her B.Com with distinction but CA is still a distant dream due to her marriage and infant to care for. Though she worked under a CA firm for a brief period for her Article ship in CA, she got relaxation of time constraint just due to her efficiency.

By 2012; her complaints seemed to hit a road block and pertaining to her oversensitive nature I did not experiment with different medicines. Her EEG report showed [Classical Juvenile Epileptic Seizures](#). It's almost desperate situation I felt am failed to treat her and unnecessarily kept her devoid of Conventional medical care. But that girl and her parents had no slightest Change of mind in pursuing Modern medical treatment they asked me to continue the Course.

I called upon her to talk in absence of her Parents just to know what's on her mind blocking recovery and then she revealed to me that she intends to marry the boy who is her friend and by now family friend, liked by her parents as well. But telling her parents about her choice seemed very much against traditional values and conventional mind set, she has been brought up in. It just kept her on tremendous stress just like a pursued animal, it made her angry, sleepless aggravated her Wheezing, so on and so forth. After prompting her a bit in reference to her health that girl told her elder sister and then to her Mother. After that no more falls; she experiences only occasional jerks except once in her fifth month of her pregnancy when her Brother in law got married and she woke up as early as 3 am. That time she had severe mental stress due to family issues a squabble between her brother in law and his parents as well as bride's family. Her compassion for her husband's family made elder brother-in-law's marriage possible which was in a trouble due to ego clash between those two families.

- **Remedy Analysis:** Case taken in 2009 but reviewed almost monthly once with gaps in between for practical reasons or due to feeling better factors. I prescribe on Physical generals prominent at that particular time alongside dominant Mental picture with focus on presenting most troublesome symptom and she responded to these remedies in a positive way as listed in Table 2. But the crux was unravelled to me after reading Dr.Rajansankaran's *Stannum Metcase*

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- (Excerpts from Interhomeopathy August 2015 issue) and astonished to note the exact expression “as if run a marathon”.

In the MateriaMedica, Stannummetallicum reads as follows:

- Anxious, nervous, sad ...Miserable and discouraged
- Cannot get rid of an idea once fixed in her mind
- Taciturn and dislike of society
- Sudden fits of passion
- Forgetful and absent minded
- Uneasy, knows not what to do with himself
- Hopeless, despondent; feels like crying all the time

In generalities we find:

- The chief action of tin is centred upon the nervous system, causing extreme weakness, which is especially felt in chest, throat, stomach, upper arms and thighs. The patient is unable even to talk; he drops into a chair instead of sitting down, and trembles on moving.
- Weakness is felt much more on going down stairs than going up.
- Paralytic heaviness or a weakness.

This patient said that when he climbs the stairs, he feels as if he has **run a marathon**. This is the kind of weakness and exhaustion sensation that he feels in his legs. In Stannummetallicum we see the following symptoms:

- He trembles on moving, he drops himself on a chair instead of sitting
- It is a paralytic weakness and weakness of nerves

What can be understood is that this weakness is also a nervous weakness; therefore any anxiety makes it worse.

**Diagnostic Assessment:** EEG report and Neurologist remarks attached.(Images no. 1, 2, and 3) Pregnancy reports attached.[reports](#)

**Outcomes:** [\(Audio clip\)patientnotes.amr.](#)

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**Focus:** Summary of Parturition : (Figure.No.3)vide. Audio clip



## Discussion:

**Demerits:** Although Patient and her family kept total trust in Homoeopathy considering this case is little early in my career maybe it should have been handled more deftly. It could have reduced her suffering as well as could have been cured. Maybe approach should have been more mental generals based. But all is well that works well during crisis.

This case is unique for so many reasons

She takes Homoeopathy medicines alone and almost no Allopathic intervention sought except during Pregnancy where she took supplements.

In fact she is averse to it as AED's caused severe side effects; Irrascibility and trembling.

Unravelling the maintaining cause which turned out to be beneficial for seeking her life partner as well. It again proves Homoeopathic prerequisites for curing a case to remove exciting and maintaining causes. (Organon of Medicine, 6<sup>th</sup> edition)

Enormous Mental strength and grit she possesses which turned out to be crucial for her to hail through her parturition which had made all



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In taking consideration of the above fact one can easily imagine the gravity of this case since the girl mentioned in the above case neither took Anti-Epileptic Drugs' before or during Pregnancy nor complied to routine expectations. She has been labelled as Asthmatic a risk in itself.

Efficacy of Homoeopathy not only as an adjuvant for safe delivery but also that Epilepsy is treatable as well as curable in suitable cases or at the least Homoeopathy protects during emergencies has been proved beyond doubt. To those who may argue nature takes care and Homoeopathy is a placebo the answer lies in the very same article cited here before that Otherwise apparently normal ladies are also subjected to difficulties during the course of Pregnancy and Delivery.

**Conclusion:** It can prompt us to open avenues' although older ones in large scale as opposed to few experiments or Practices existing now, to Time travel; where Homoeopathy can take its right place as it used to be in Dr.Kent, and his disciples Dr.M.L.Tyler's epoch. Homoeopathy can become a true fall back, champion in emergencies especially during child birth.[VID-20160626-WA0026.3gp](#)

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