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Homeopathy Treatment as suitable alternative to Modern Management for Advanced Stage of Adenocarcinoma of Prostate

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Abstract:

Adenocarcinoma of Prostate is the commonest Carcinoma of elderly male & incidence is increasing because of the various Modern detection methods and other several causes. Male Hormone and androgens play important role sometimes in the cause of prostate cancer. Genetic causes and lack of physical exercise, smoking, may cause Adenocarcinoma of prostate. Prostate cancer may spread to the other parts of the body, particularly bones and lymph nodes. Modern Management is a costly and has unknown long term side effects. Three cases have been presented here, who were diagnosed cases of Adenocarcinoma of prostate from different Government Hospital & Private clinic. The patients had elevated Prostatic specific Antigen (PSA) with enlarged size of prostate & were given few Homeopathic medicines with periodical follow up of clinical symptoms and laboratory Investigations, such as Prostatic specific Antigen (PSA), Ultrasonography (USG) of Prostate gland and Kidney ureter bladder (KUB). This study was aimed to see the role of homeopathic medicine in managing advance stage of prostatic adenocarcinoma patients with low cost and without side effects and suitable alternative to modern management for some prostatic Adenocarcinoma patients.

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Key words:

Prostatic Adenocarcinoma, PSA, USG of prostate Gland and KUB, Homeopathy treatment.

Introduction:

Prostatic Adenocarcinoma of elderly male is increasing incidence of mortality throughout the world and more common related mortality except lung cancer in male & 9th most common cancer all over world¹. Patients may present in different stages with different clinical features which include, frequency of urination, urgency of urination, dysuria, hematuria, back pain caused by bony metastases, prostate gland secretes fluid containing prostate specific Antigen (PSA). PSA is a Tumor marker - a protein secreted in abundance from prostate cancer cell. PSA is superior to other, to monitor, staging, remission, relapse and routine screening & distinguished from other neoplasm using PSA Immunohistochemistry². Prostate Adenocarcinoma may present clinically as focal nodules, indurated at the time of digital rectal Examination(DRE) or urinary obstruction³. Advanced carcinoma may present with metastasis to axial skeleton, lymph nodes and surrounding organ, disseminated cancer have poor prognosis⁴. To differentiate from Benign Hypertrophy Prostate (BHP) of same age group, different diagnostic modalities are made - (1) Serial PSA (2) DRE (3) Transrectal Ultra Sonogram (TRUS) (4) TRUS Guided Needle Biopsy (5) Radio Nuclide Bones Scan. Modern Management available is Radio - therapy, Androgen deprivation by Luteinizing Hormone Releasing Hormone (LHRH) agonist, orchidectomy, Diethylstilbestrol (DES), Chemotherapy, all this prolongs survival but have many side effects & expensive⁵. Here homeopathy, the true

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etiology of such disorder, could be searched to the particular of patient's individual constitutions. By classical homeopathic treatment, here three such cases were reported how had got remissions for a long- period even in advanced stage using serial PSA value, USG of prostate gland and clinical features.

Materials and METHODS:

Subject

Three patients, an old gentleman of 82 years (case 1), 2nd one was 70 years (case 2), another one 69 years (case 3) retired persons. They were diagnosed as Prostatic Adenocarcinoma in different government hospital and different clinics having requisite diagnostic criteria. These patients denied receiving modern system management of medicines due to high cost, various side effects and personal reasons. All three patients were given homeopathic medicines according to Homeopathy principles. The medicines may effect on prostate gland and reduced the size of enlarge prostate, inflammation and abnormal growth with relief of symptoms. All patients were followed up periodically with serial PSA level estimation, USG of prostate gland and KUB, other routine blood reports and patient's complaints and doctor observation.

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Homeopathic diagnosis and treatment:

Here, the aim of study was to establish the role of homeopathic medicines in managing advanced stage of Prostatic Adenocarcinoma patients and to prove that the homeopathic treatment is safe, low cost and is suitable alternative to modern management. All three prostatic Adenocarcinoma patients were attended to me with urinary complained associated with general and particular complained. This disease considered in homeopathic principle point of view, as a whole suffering of patient. So for selection of medicines a holistic analysis of the patient's constitution that is, mental, physiological, emotional aspect and peculiar individual characteristics through analysis of every narrated word of patient and doctor observation should be conducted. Selection of medicine was done considering different Materiamedica study and repertorization (Kent's repertory) with personal clinical experience as guidance. During the process of treatment it was showed that sometimes new totality had to be framed. Sometimes some acute symptoms aroused. At that situation, reconsidering the whole case, according to homeopathy principles, change of medicine, potency, repetition, doses were required. All medicines were used in centesimal dilution with distilled water and placebo in twenty number globules orally.

Encouraging results were obtained by Baryta carb6,7,8 200c, 1m potency, conium mac9,10 200c.

The following rubrics that are guidance in Prostatic Adenocarcinoma cases for selection of medicines.(using Radar 10.0 Using Kent Repertory)

Case 1:

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- 1.MIND, CHILDISH BEHAVIOR.
2. BACK, PAIN, SITTING.
- 3.THROAT INTERNAL,SWALLING,DIFFICULT SOLIDS.
- 4.BLADDER URINARY ORGANS, URINATION DIFFICULT,ENLARGE PROSTRATE.
5. BLADDER, URINARY ORGANS, URINATION, FREQUENT, NIGHT.
6. MIND, FEAR.
7. PERSPIRATION, SLEEP.
8. BLADDER, URINARY ORGANS, URINATION, interrupted.

CASE 2:

1. MIND, Dullness.
2. GENERALITIES, EMACIATION.
3. BACK, PAIN, lumber region.
4. RECTUM, CONSTIPATION INEFFTUAL URGING AND STRAINING.
5. PROSTATE, URINARY ORGANS, ENLARGEMENT
6. BLADDER, URINARY ORGANS, URINATION, INTERRUPTED.
7. FACE, PERSPIRATION.

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CASE 3:

1. MIND, MEMORY, weakness of.
2. VERTIGO, TURNING.
3. BLADDER, URINARY ORGANS, URINATION, unsatisfactory.
4. BLADDER, URINARY ORGANS, URGING TO URINATE (MORBID DESIRE)

All three patients were thoroughly studied and the totality of symptoms done by classical homeopathy and the prominently indicated medicine selected by homeopathic treatment management protocol. The case wise analysis is given below –

A gentleman of 82 years (case 1) was asked to dissolve 2 pellets of Baryta carb (200 C from Hahnemann publishing company pvt.ltd (Hapco), Kolkata) in a 2oz (60ml) sterilized bottle of distilled water and to give ten active successions to the bottle then take with equal distribution of three doses for three consecutive morning in empty stomach and from forth days onwards placebo of four globules every morning to continue and instructed to the patient with a weekly report to the doctor about his mental, emotional and general health condition and also any aggravation symptoms, report immediately.

At about third week (Second Prescription) repeating of above, 1 pellet of same medicine with same potency (after reconsidering the whole case according to homeopathy principles) two doses of 1oz (30ml) of distilled water with two equal dose for two consecutive morning followed by placebo with above instruction. After second week from second prescription (after

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reconsidering the whole case according to homeopathy principles) Conium mac (200 C from Hapco) in 1oz (30ml) of in a sterilized bottle of distilled water and to give ten active successions to the bottle with two equal distribution of two dose for two early morning and from the third day onwards placebo of above instruction was instructed to the patient with a weekly report to the doctor about his mental, emotional and general health condition and also any aggravation symptoms, report immediately.

A gentle man of 70 years (case 2) was asked to dissolve Baryta carb (200 C from Hapco) 2 pellets in a 2oz (60ml) in a sterilized bottle of distilled water and to give ten active successions to the bottle. Then take with equal distribution of three doses for three consecutive morning in empty stomach and from forth day onwards placebo of 4 globes every morning to continue and instructed to the patient with a weekly report to the doctor about his mental, emotional and general health condition and also any aggravation symptoms, report immediately. At 5th week from First Prescription (after reconsidering the whole case according to homeopathy principles) Baryta carb (1 M from Hapco) 1 pellet to be dissolved in a 1oz (30ml) sterilized bottle of distilled water and to give ten active successions to the bottle then take with equal distribution of two doses for two consecutive morning in empty stomach and from third day onwards placebo of above direction with above instruction. At about eight weeks from 1st prescription (after reconsidering the whole case according to homeopathy principles) Conium mac (200 C from Hapco) three pellets dissolve in a 3oz (90ml) sterilized bottle of distilled water and to give ten active successions to the bottle then take with equal distribution of four doses for four

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consecutive morning in empty stomach and from fifth day onwards placebo of same direction and with above instruction, to the patient.

A gentle man of 69 years (case 3), was asked to dissolve two pellets of Conium mac (200 C from Doctor Willmar Schwab india Pvt.Ltd - Noida), in a 2oz (60ml) sterilized bottle of distilled water and to give ten active successions to the bottle then take with equal distribution of three doses for three consecutive morning in empty stomach and from forth day onwards placebo of four globules every morning to continue and instructed to the patient with a weekly report to the doctor about his mental, emotional and general health condition and also any aggravation symptoms report, immediately.

Follow-up of the clinical symptoms of the every patient periodically showed marked improvement of patients' complaints. So Laboratory investigation of USG of Prostate gland and KUB and PSA test were advised.

Results:

There were total a number of three Adenocarcinoma Patients. Age ranges from 69 years to 82 years. The study periods were two to six months (approx). All Patients showed improvement of clinical symptoms as well as decreased size of Prostate Gland (wt. in USG measurement) and

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decreased PSA value (ng. /ml). Patients investigation data are summarized below in table where showing the comparison between the pre treatment and follow-up data , Pre Treatment data (Table No. 1) & Follow- up data (Table No. 2). Over all there was a significant improvement by Homeopathic Medicines.

P factor is not correctly analyzed due to unavailability of significant number of patients.

The mean analysis of three cases of present study is (i) Here total no. of patients were -03 (ii) Age range was -69 yrs. to 82 yrs. (Mean age – 73.66 yrs.) (iii) Prostate wt. before treatment were ranging from – 35.8 gms to 69.1 gms (Mean weight – 48.9 gms) (iv) RUV ranging from minimal to 449ml.

(v) PSA Value before treatment was ranging from 44.8 ng to 285.84 ng/ml (mean PSA was 127.4ng/ml).

Following treatment 2 to 6 months (approx.) the result were-

(i) Prostate weight reduced in all cases ranging from 22.4. gms to 44.6 gms (Mean prostate wt. 33.33 gms with RUV – minimal to all.

(ii) PSA Value reduced to 2.53 ng to 142.65 ng/ml (Mean PSA Value – 53.32ng/ml)

(iii) All patients showed individual Complains improved that is improvement of symptoms of obstructive uropathy and reduced bone pain. Encouraging results were obtained with
1.Barytacarb 2.Conium mac.

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Table 1

Prostate Wt. in USG measurement

Cases	Pre Treatment USG Wt. (gms)	Follow up USG Wt. (gms)
Case 1	42.00	22.40
Case 2	35.80	33.00
Case 3	69.10	44.60

Table 2

PSA value

Cases	Pre Treatment PSA (ng/ml)	Follow up PSA (ng/ml)
Case 1	44.80	14.80
Case 2	51.72	02.53
Case 3	285.84	142.65

Discussion:

Gold standard investigation for early to late screening of Prostatic Adenocarcinoma were serum PSA, DRE, USG of prostate gland and of next door is prostatic Biopsies and bone scan¹¹. Serum PSA has a prognostic value in the diagnosis and management & as well as follow up and must be accompanied of other causes of rise of PSA. Incidence rate of Prostatic Adenocarcinoma depends upon the some genetic factor, age, race, diet habit, alcohol, smoking,

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low level of Vitamin D. Recurrence rate, depends upon the patients co-operation for appropriate timing for investigation to get further management because poor patient avoid recurrent investigation for high cost & also negligence for treatment. At least 10 years follow up study are needed to get result of the treatment. Due to high cost of modern treatment they cannot afford it and unknown long term side effects, so they can be treated by homeopathy treatment. All three case reports showed the success in overall improvement of the patients in advanced stage. So it is proved that homeopathy, treat the patient as a whole and not the Disease. Medicines selection was done as per Homeopathic management protocol. Homeopathy helps to control the disease, check symptoms and could help in controlling the further spread (metastasis). Role of homeopathy as curative medicine for cancer of prostate is not significant.

However to confirm the effectiveness of Homeopathy treatment in case of Prostatic Adenocarcinoma Institutional Management needed.

Conclusion:

To demonstrate improvement, I used serum PSA Value, Prostatic weight and clinical features. Every case showed remarkable improvement by classical Homeopathic Treatment without side effect & low-cost. So more cases shall be studied to establish that Homeopathy treatment may come up as suitable safe & low-cost alternative to other modern system of Medicine in Prostatic Adenocarcinoma.

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