



Alzheimer's disease: its homeopathic management

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Alzheimer's disease is a type of insanity in which the capacities of lucidity and memory deteriorate little, interfering with life's normal activities. In the United States, 4 million people suffer from this disease which mainly attacks the adults.

Symptoms:

Loss of memory is one of the major symptoms of Alzheimer's disease. Thinking ability is also lost. There are space and time perception disorders, the inability to concentrate and communicate with other loss of sphincter control, change in personality and character. The symptoms of early senility are very similar to those of Alzheimer's disease, however, the cause is different. A micro-embolism, cerebral aneurysm or any other cause which obstructs oxygenation and the flow of nutrients may provoke senility whereas the cause of Alzheimer's disease seem to come from another source.

Cause:

The cause of this disease is still being studied, nevertheless, some possible causes do exist. Low level of some nutrients such as vitamin B12 and Zinc.

Low levels of antioxidants.

Aluminium – in autopsies done on persons who suffered from this disease, high levels of aluminium have been found in the areas of the brain responsible for memory, such as the hippocampus. Another metal attributed as a cause of this disease is mercury, originating in dental fillings.

Homeopathic treatment:

Homeopathic medicine is always based upon individualisation. Individualisation is the basis of homeopathic treatment since no two patients are alike, unless individualisation is done, perfect homeopathic prescription cannot be made. For individualisation the patient must be considered as a whole.

According to Hahnemann as we see in aphorism "26" of organon, the homeopathic law of nature is "A weaker dynamic affection is permanently extinguished in the living organism by a stronger one. If the later is very similar to the former in its manifestation. To justify this, a sick person will merely be healed by the medicine which can produce the diseased condition identical to this illness as a whole. No other than healing, if, is our motive for our curable ailments, we have to follow the principle. This is a road through which we can arrive at our "Goal of Care". So cure stands as the main reason for going after homeopathic principle. For this what the first measure we should have to adopt is to make a clear cut image of the patient.

Homeopathic Medicines:

Ginkgo Biloba – This plant plays an important role in stimulating circulation in the brain, which is responsible for transporting oxygen and other nutrients to the neurons.

Zizia aurea – Exhilaration like intoxication, followed by strong desire to sleep, laughing and weeping alternately. Depression followed by exhilaration. Irritable, low-spirited, indifferent, nervous irritability and a state of depression, paroxysms of self dis-satisfaction with weeping, indolence with contentment. Behavior quiet with much apparent suffering and sadness.

Zingiber officinale – Cheerful, forgetful, weak memory, irritable and chilly in evening and during menses. Feel very uncomfortable and did not know what to do. Nervous and fidgety.

Ignatia amara – Ailments from grief, fright of emotional shocks, disappointments, unhappy love, sighing and sobbing. Inward weeping enjoys being sad. Perfectionist. Highly emotional and moody. Capricious. Changeable mood, idealistic, romantic, oversensitive and nervous. Silently brooding. Constantly frustrated. Irritable, worse from consolation. Not communicative, desire to be alone. Angry with himself. Internal conflicts with herself.

Staphysagria – Believes he will lose his fortune, his wife will leave him. Ailment from reverse displeasure. Very sensitive as to what others say about her. Sadness without any cause with irritability, ill effects after scolding or punishment in children. Want of self-control. Fear, afraid of his shadow.

Stramonium – Hallucination, fixed notions, terrifying delirium. Therefore, it is a remedy of terrors. Cannot bear solitude or darkness. Must have light and company. Dread of darkness. Sight of water or anything glittering brings on spasms. Devout earnest, beseeching and ceaseless talking. Paranoid, schizophrenia, manic depression. Fearful hallucinations, which terrify the patient to see ghosts. Vividly brilliant or hideous phantoms, animals, jumping night terrors, sees ghosts, hears voices, talks with spirit. Rapid changes from joy to sadness. Delusions about his identity; thinks himself tall, double, a part missing. Religious insanity. Anxiety when going through tunnel.

There are other medicines to be considered in the treatment of Alzheimer's disease like Phosphorus, Hyoscyamus, Absinthium, Kali phos, Medorrhinum, Nitric acid according to their totality of symptoms.